



Kris Nichols, LPC, CADC

Behavioral Health Clinician

Philosophy of Care

I believe in a motivational Interviewing approach. I strive to help individuals achieve the goals they have in mind for themselves and engage people in the process of positive change.

Education and Certification

Master's Degree in Community Counseling from National Louis University. Certified Alcohol and Drug Counselor (CADC)

Specialty Populations

Substance Abuse; Transitional Aged Youth

A little bit about me...

I enjoy spending time with family, reading, watching a good comedy, and cheering on the Cubs.



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