



Dara Pumphrey-Ruiz, MD

Psychiatrist

A little bit about me...

I have over 5 years experience as an attending psychiatrist working with patients in inpatient, partial hospitalization, intensive outpatient, and outpatient settings. I have worked with individuals with mood disorders, PTSD, anxiety disorders, as well as psychotic disorders in these settings. I have served as medical director of an anxiety specific treatment program. I love to work as part of a treatment team that utilizes different therapeutic modalities in combination with appropriate medication management, and I always take into account positive and negative aspects of any treatment regimen. I aim to identify and develop patient's individual strengths to help them manage challenges. I am very excited about providing services to clients at Sinnissippi Centers.



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