



SINNISSIPPI CENTERS UPDATE ON SERVICES DUE TO CORONAVIRUS AS OF 03/19/2020

We know our communities need us. **Effective 3/19/2020 We are going to start conducting intakes again**, (the first type of appointment someone usually has with Sinnissippi), which will be done entirely by phone. If you are familiar with our intake process, be advised it is going to be slightly modified due to circumstances and you will find out more information about that during a phone intake.

SINNISSIPPI CENTERS UPDATE ON SERVICES DUE TO CORONAVIRUS AS OF 03/16/2020

For the safety of our clients, staff and communities, Sinnissippi Centers will be limiting services to phone-based contact whenever possible for at least the next few weeks or until more guidance from our local health departments is available. We will be reaching out to clients who have appointments scheduled and please call 800-242-7642 before coming into any of our locations or if you have any urgent behavioral health needs.

SINNISSIPPI CENTERS STATEMENT ON CORONAVIRUS AS OF 03/13/2020

Sinnissippi Centers has been monitoring the spread of the Coronavirus and assessing our response on a daily basis for the safety of our clients, our staff, their families and our communities. We are doing everything we can to protect their health and welfare.

Coronavirus is a serious threat. We also recognize the importance of mental health and substance abuse services to the welfare of those we serve. That is why we remain open for business, while taking all the appropriate precautions. Please know that we will continue to do everything possible to meet the needs of our consumers during this rapidly changing scenario. We will continue to reassess this policy on a daily basis and consider all measures. But for the time being all Sinnissippi Centers offices expect to have normal hours of operation until further notice.

While we want to provide these vital services to clients, we understand that you may be uncomfortable coming in for an appointment. We have some capacity to conduct sessions by phone if you prefer that option. We also understand if you wish to cancel your appointment and only ask that you let us know you will be cancelling ahead of time.

Everyone has a level of mental wellness, not just those we serve. This is a stressful, uncertain, and difficult time. We encourage you to take all the measures public health officials have published to insure your physical health. If you are exhibiting symptoms of cough, fever or shortness of breath, please call your medical provider or local health department. One local provider, CGH Medical Center is recommending that anyone with symptoms can call the Illinois Department of Public Health (IDPH) directly at 800-889-3931 or DPH.SICK@ILLINOIS.GOV.

We also encourage you to take that extra step of caring for your mental wellness too, and as an added benefit, caring for your mental wellness has been proven to boost your immune system. Take time out of your day to reduce your stress level, get plenty of rest, and know that we are all working together to



SINNISSIPPI CENTERS

Providing care, offering hope

get through this. If you have any questions, please don't hesitate to call us at 800-242-7642. Thank you and be well!