



**FOR IMMEDIATE RELEASE**  
January 20, 2020

**FOR MORE INFORMATION**  
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## **Sinnissippi Centers to Open Women's Recovery Home**

Success of Men's Recovery Home helps in taking the next step – A Women's Recovery Home

### **(Dixon, IL)**

The period right after the New Year has gotten to be an exciting time for Sinnissippi Centers' announcements. It was in January 2018 that Sinnissippi announced it would open its first Recovery Home in Dixon. That Recovery Home provides 10 beds for men facing a substance use disorder who need extended support staying clean and sober. So far 24 individuals have come to the Recovery Home to change their lives.

Now Sinnissippi Centers is **pleased to announce that it will open a Women's Recovery Home scheduled for the spring of 2020**. "As soon as we announced the Men's Recovery Home we started getting the question, 'when will you open a Women's Recovery Home'," says Patrick Phelan, President and CEO of Sinnissippi Centers. "My answer was that once we starting making plans for our Men's Recovery Home project we always knew we would also open a Women's Recovery Home at some point in the future, and I am happy to say we are getting very close that goal now," adds Phelan.

"The women's Recovery Home will also be in Lee County and while we are still working out the details, we think we will eventually have up to 15 beds for women facing a substance use disorder," adds Phelan. "We think we may be open by May this year if all the renovations and other details are worked out on schedule."

Like the Men's Recovery Home, the Women's Recovery Home will provide 24-hour staffing. "Recovery Home residents will be strongly encouraged to participate in 12-Step meetings within the community," says Phelan "They will be linked with wrap around support services when applicable. By providing this type of structure and guidance, residents will learn to overcome barriers to recovery and problems that precipitate relapse." The average stay for a Recovery Home of this type is 6-9 months.

"Our Recovery Homes would not be possible without our community partners and referral sources," adds Phelan. Sinnissippi's primary referral source for substance use services, continues to be county probation/parole and local law enforcement, including officers and deputies through the Lee & Whiteside County Safe Passage Initiative. Sinnissippi Centers is also an integral part of the Crisis Prevention Team and PRISM of Lee County (Prevention, Recovery & Information on Substance Abuse & Mental Illness). "Through these collaborations, we often receive referrals from PRISM, Safe Passage, NAMI, NA/AA, and the local hospitals and sheriff and police departments, as we work collaboratively to serve those most in need within our community," adds Phelan. Some of those with most significant need for substance use services also come from the Lee County Safe Passage Initiative and the Problem solving courts such as Whiteside County Drug Court, Lee County Drug Court, Ogle County Drug Court, Lee County Veterans Court and Ogle County DUI court.

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