



## **Alison Boothe, LCSW**

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### **Education and Certification**

Bachelors degree from Western Illinois University, Masters in Social Work from Aurora University.

### **My Treatment Philosophy**

I believe in a client centered approach, and to treat the client from a holistic perspective of care. I believe in treating the client mentally, physically, and spiritually, and the importance of building a mind and body connection. My approach is strengths based, and helping clients to reach their goals using the strengths they already possess and to help them build new strengths as well.

### **A little bit about me...**

I love running, spending time with my family, and reading.



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