



Leah Arthur, MA, QMHP

Behavioral Health Clinician

Education and Certification

Bachelors degrees in Psychology and Philosophy, Warburg College, Waverly Iowa. Clinical/Community Mental Health Counseling Masters degree studies currently at Western Illinois University

My Treatment Philosophy

It is my belief that a client and therapist should establish a strong therapeutic alliance. This allows space for an authentic relationship to develop upon which we can highlight strengths and consider hard topics, while simultaneously working toward finding your most genuine self.

A little bit about me...

Obstacle Course Racing (OCR) is one of my favorite activities because I love taking on new courses, and the people I have met along the way. I'm an avid reader- I find stories so compelling. I also enjoy yoga, travel, or just relaxing with a nice cup of coffee.



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