



FOR IMMEDIATE RELEASE
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FOR MORE INFORMATION
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Sinnissippi Centers Receives a Community Foundation of Northern Illinois Grant

Funds will be used to expand successful health integration program into Ogle County

(Dixon, IL)

Sinnissippi Centers has been awarded a grant in the amount of \$50,000.00 by the Dr. Louis and Violet Rubin Fund of the Community Foundation of Northern Illinois. The grant will fund an expansion of Sinnissippi's Ways to Wellness and Recovery program into Ogle County.

"We are very pleased to receive this grant award to fund expansion of Sinnissippi Centers' Ways to Wellness and Recovery Program," says Kim James, Director of Healthcare Innovations for Sinnissippi Centers. "We have seen great success with Ways to Wellness and Recovery in Whiteside and Lee Counties in better integrating care between behavioral healthcare and primary healthcare. Now, we will be able to expand those efforts into Ogle County and provide the same services and achieve the same success in providing better care for individuals facing multiple chronic diseases like depression and diabetes," adds James.

"The primary purpose of the expansion project funded by this grant is to establish and expand Primary and Behavioral Health Integration. The project will provide screening for, and linkage to, primary and behavioral healthcare services for adults in Ogle County who seek treatment at a primary care location or behavioral health location and who have both physical and behavioral health concerns (i.e. a mental illness and/or substance use disorder and diabetes or heart disease). Key to the project will be building on existing linkages, closer sharing of health information, better identification of behavioral and physical health needs, and improving patient-centered care," adds James.

Sinnissippi Centers' Ways to Wellness and Recovery program began in July, 2013, and has shown significant improvements in service access and the health of individuals residing in Lee and Whiteside Counties. Providing this same opportunity to Ogle County will allow for these same benefits to be afforded by those residents resulting in improved overall health of the individuals, families and communities as a whole. As part of the project in Ogle County, there will be a dedicated staff person to provide Care Coordination services to residents of Ogle County. Through care coordination, individuals will increase their access to behavioral and primary healthcare. Doing so will result in reduced overall healthcare costs and improved quality of life.

Sinnissippi Centers, Inc. was founded on May 31, 1966, and served a total of 5,734 individual in four counties in fiscal year 2014. Services provided include individual treatment and recovery support and group services for mental illness, addiction and substance use disorders, individual and family counseling, crisis and assessment services, psychiatric services, and other specialized services. Sinnissippi Centers provides services across the entire age spectrum for residents primarily within Carroll, Lee, Ogle, and Whiteside Counties. Sinnissippi Centers' President/CEO is Patrick Phelan, and the Chairperson of the Sinnissippi Centers' Board of Directors is Doug Coppotelli.

For more information about programs and services, call Sinnissippi toll-free at 1-800-242-7642 or visit online at www.sinnissippi.com. Sinnissippi has office locations in Dixon, Mt. Carroll, Oregon, Rochelle and Sterling.

The Community Foundation of Northern Illinois is the area's largest provider of grants and scholarships. Its mission is to attract, grow, and preserve an endowment for the needs of the people of Northern Illinois.