



**FOR IMMEDIATE RELEASE**  
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**FOR MORE INFORMATION**  
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## **Sinnissippi Centers to Open the First Recovery Home in the Area**

Home fills a gap in services for those facing a substance use issue

### **(Dixon, IL)**

February-March will be an exciting time for Sinnissippi Centers and the local area. "We will open our first Recovery Home during that time period," says Sinnissippi Centers' President/CEO Patrick Phelan. "We have been in the planning stages for the past year, and now we are going to realize our dream of filling this gap in services in our local area."

"The facility will provide 10 beds for adult men facing a substance use disorder who need extended support with staying clean and sober," says Phelan. The Recovery Home will be located in Dixon.

"Recovery Home residents will be strongly encouraged to participate in 12-Step meetings within the community," says Phelan "They will be linked with wrap around support services when applicable. By providing this type of structure and guidance, residents will learn to overcome barriers to recovery and problems that precipitate relapse."

"Reentry from residential care back to one's own home can be abrupt and can contribute to an increase in the chance for a relapse and a need to go back to residential care," adds Phelan. The Recovery Home seeks to make that transition smoother and increase the success of the recovery process and the transition from residential care back into the community. It offers a healthy recovery environment and support. The length of stay can vary based on the needs of the individual, typically 3 to 9 months on average.

"While the Recovery Home only serves adult males at this point, it is hoped we can expand to serve adult women as well in the future," says Phelan.

Funding, typical of behavioral healthcare, is coming from a variety of sources. In this case, Sinnissippi Centers has support from the local 708 mental health boards and 553 health board, the United Way of Lee County, and from state funding sources.

"One of our most important partners in the development of the Recovery Home has been Kreider Services. Kreider is one of a number of wonderful partners that have taken part in a number of initiatives in the local area in the past several years, most notably in the creation of a system of care for children, adolescents, and their parents," adds Phelan. "We are thrilled that we can work with them once again to realize this important project."

The Recovery home will be staffed 24 hours a day, 7 days a week, supervised by a Recovery Home Manager. "We are pleased to welcome Recovery Home Manager, Stephanie Englund to Sinnissippi Centers," adds Phelan. "Englund has a deep dedication, passion, and commitment to the field of Human Services and behavioral and mental health," says Phelan.

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Englund obtained her Bachelors in Applied Behavioral Science from Ashford University, and is currently progressing on a graduate degree in Social Work. Prior to coming to Sinnissippi Centers, Englund was a substance abuse counselor at LSSI for 3 years.

“We are still working toward finalizing the opening date for the Recovery Home, but our target is some time during February or March of this year,” says Phelan. “In addition, a ribbon cutting/open house event is in the planning stages and when dates and details are finalized, we will release that information,”