



# The Digest

## Latest News

- The Recovery Home is having an impact p. 1-2.
- Gardenstock Art & Music Festival is coming August 17th p. 1-2.
- Coordinator hired for Safe Passage Initiative p. 2.

## In The Community

- Sinnissippi Centers participated in the Petunia Festival parade Sunday, July 7th, and you may see us at Autumn on Parade and other upcoming local events.

## Events

- 27th Annual Sinnissippi Foundation Golf Open August 1, 2019, Details on page 3.
- Annual Wellness and Recovery Celebration Thursday, September 12, 2019. More details in the fall/winter issue of the Digest.

## Recovery Home One Year Later

Sinnissippi Centers' Recovery Home is having a far reaching impact

It was May 30, 2018, that Sinnissippi Centers' Recovery Home opened, accepting its first resident. The individuals come from the four-county area Sinnissippi Centers serves: Carroll, Lee, Ogle, and Whiteside counties. Sinnissippi Centers' Recovery Home provides 10 beds for adult men facing a substance use disorder who need extended support with staying clean and sober. In the first year 17 men have been served by the recovery home with an average stay of 6-9 months before returning to their homes and their communities.

Over a year later, the impact of that event is quite clear as evidenced by the words of **Jeff Woods**, Recovery Home Specialist, who was inspired to write down some thoughts.

"Since the beginning of the Recovery Home, I've noticed quite a change in the dynamics of the Recovery Community," says Jeff Woods. "Whether it's where individuals are working, the recovery meetings they attend, or other members from the Drug Courts that are in the counties we serve, the impact on the sober community has been huge. Meeting attendance in the Sterling, Rock Falls, Dixon, and Oregon areas have been at their highest. During meetings, discussions have involved networking for employment, such as places that hire felons, places that are hiring, and sober activities that the communities are doing to stay in each other's lives. It's quite incredible to see people go to a meeting, not just for the meeting, but to stay in contact and be helpful to one another," adds Woods.

"Several of the individuals at the Recovery Home have difficulty with transportation, and their needs are met out of the kindness from others in recovery that do have the ability to take people to job interviews, doctor's appointments, and fulfill other needs and obligations in hopes of supporting their recovery," says Woods. "The individuals at the Recovery Home are dedicated to changing their lives for the better and to stay in contact with those they see on a regular basis. The Recovery Home has had such impact on these men's lives."

"I am forever thankful that I can be a



*continued on page 2*

## Gardenstock Art & Music Festival

Pack your coolers, throw the kids in the car, and grab that favorite tie-dye for the annual **Gardenstock Art & Music Festival!**

Gardenstock delivers a day of music, art, and fun on **Saturday, August 17th, from 10 am to 11 pm**. The festival happens at **Distinctive Gardens in Dixon, IL**. Gardenstock **benefits Sinnissippi Centers' Youth Garden Program**.

The event features 9 bands, 40 artists' booths, food vendors, a relaxed picnic type atmosphere, fun for all ages, and a whole lot more.

"We wanted to do something different with the bands this year," says Bud LeFevre, co-owner of Distinctive Gardens. "All of the bands have at least one female member or a strong female lead." The bands are a mix of performers who have played Gardenstock before and those that are new to the festival. In addition, this year three of the bands have released new albums. Sugar Lime Blue out of Nashville, Quad Cities based Lojo Russo, and Kris Donaldson from Branson, MO. All have new work to share on the Gardenstock stage.



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## What's New?



### Everyone Wins at Color Wars

Sinnissippi Centers' Dixon office had "Color Wars" during May is Mental Health Awareness Month. It's where staff are divided into teams and are challenged to decorate their areas of the building with an assigned color and theme. Pictured above are staff members wearing shirts in their team's Color Wars color at a celebration lunch.

### Congratulations!

Congratulations to Sinnissippi Centers' **Rebecca Johanning** who was promoted to Manager of SUPR (Substance Use, Prevention, & Recovery) Services and **Sarah Wolf** who was promoted to Crisis Services Supervisor. These two promotions reflect the growing demand for these types of services.



### Intact Family Services Staff

Sinnissippi Centers' Intact Family Services staff had shirts made and took a photo to celebrate National Child Abuse Prevention Month, which was in April. Intact Family Services ensure the safety and well-being of children without the need for removal and out-of-home placement by providing families with needed in-home services.

## Safe Passage New Coordinator

Dixon's City Council approved a contract in March with Sinnissippi Centers to hire a full-time coordinator for the Safe Passage Initiative. The cost of the position is covered by a grant from the Illinois Criminal Justice Information Authority.

Sinnissippi hired **Alison White** for the coordinator position in early April.

White works closely with participants in the Safe Passage program, helps them get to the treatment they need, including help with transportation, and is a recovery coach.

White also is responsible for forming partnerships with businesses



*Alison White is the Coordinator of the Safe Passage Initiative*

and organizations in the community to help Safe Passage participants obtain employment, housing, and other critical needs and services. White works in both Lee and Whiteside Counties.

Safe Passage began in Lee County in 2015 and since expanded to include Whiteside County. Cities involved include Dixon, Rock Falls, and Sterling.

Safe Passage is a treatment based approach where anyone with a substance use disorder can give their drugs to police and instead of being arrested be taken to treatment. The program has served over 300 so far.

## Recovery Home's Impact

*continued from page 1*

part of such profound change in these individuals' lives," adds Woods. "As a recovering alcoholic with 3-1/2 years sober, I find myself wishing I had a place like Sinnissippi's Recovery Home to begin my journey through sobriety. I am forever thankful that the Recovery Home has had such an impact on the sober community in the area. I see new faces at meetings on a regular basis, and continue to see them regularly because they have a sense of security and understanding of what addiction is and how it's impacted their life and other's. I couldn't be more proud of the sober community that we have today, and I firmly believe that the Recovery Home is responsible for much of that impact," says Woods.

The Recovery Home is a therapeutic environment to support men in their recovery. These individuals want to maintain their sobriety. Residents are linked with wrap-around support services when applicable. Recovery Home residents are strongly encouraged to participate in 12-step meetings.



*Sinnissippi Centers' Recovery Home*

## Gardenstock Art & Music Festival

*continued from page 1*

How would you describe Gardenstock to someone who hasn't enjoyed the event before? Long-time event-goer, **Kate Klimson**, says, "Gardenstock is simply a community of giving and receiving friendship, love, and music. I always leave feeling happier than when I arrived. It is one of my favorite days of the year."

Parking is off site at Shopko/County Market in Dixon with shuttle service during the entire event. There are no drop offs at the gate.

In addition to music and art, there's a food court, art raffle, a 50/50 drawing, a tie-dye contest, and the famous Gardenstock "Bustown".

The event is family friendly and offers plenty of space for picnicking and hanging out. You can bring a cooler, chair, or blanket.

Limited online pre-order special rate tickets are on sale now through July 31st. To purchase tickets or get more information visit [distinctivegardensinc.com](http://distinctivegardensinc.com).



*Enjoy your "inner hippy" at Gardenstock, an event that has fun for the whole family*



## 27th Annual Foundation Golf Open

Great prizes and giveaway items are just one feature of the **Sinnissippi Foundation Golf Open**. The Golf Open takes place **Thursday, August 1, 2019, at Rock River Golf & Pool**, 3901 Dixon Road, Rock Falls, IL.

A portion of the proceeds from the Golf Open will benefit Sinnissippi Centers' Recovery Home which opened in May of 2018, and provides housing, support, and other services to up to 10 men facing the disease of substance use.

"Among the prizes this year, we have a Taylor Made Burner driver as one of our raffles," says **Andy Jackson** Sinnissippi Centers' Marketing Coordinator and Golf Open coordinator.

"Our grand prize is pretty special, it's a \$500.00 Visa gift card. You can use that for golf or anything else you like," adds Jackson.

"We always have a number of other items, like gift cards, golf items, and other nice gifts that golfers receive or can win," says Jackson.

"While the prizes are great, the real focus of the day is providing a fun

experience for our golfers and raising funds to support the Recovery Home as well as support for all individuals served by the Sinnissippi Foundation," adds Jackson.

The cost to golf is \$100.00 for an individual golfer, \$400.00 per foursome. That price includes 18 holes of golf, dinner, awards ceremony, one free prize for each golfer, tickets for the 50/50's, and more. The VIP pass (*additional cost*), back by popular demand, includes more tickets and other premium items.

It's easy to register and you have a few options. There is an

online registration option via Sinnissippi Centers' website. Visit [www.sinnissippi.org](http://www.sinnissippi.org). Just click on the Golf Open event and there's a link there to register online. Also there you can get a PDF registration form to download and fill out. Or you can call Coordinator, **Andrew Jackson**, at 815-284-6611.

If you are on Facebook, you can enjoy photos of past golf opens in the photos section of the Sinnissippi Foundation's Facebook page. Each year's event has its own album.



*Golfers always enjoy the Sinnissippi Foundation Golf Open*

## More News

### Spring Means Fundraising

Spring is a busy time for the Sinnissippi Foundation as several fund-raising activities are going on all at once. Planning begins early for the annual Sinnissippi Foundation Golf Open which takes place on August 1st. Then it's the Expressions Art Sale in late April which was another success, followed in May and June by the annual Employee, Board and Alumni Campaign for the Sinnissippi Foundation. The Employee, Board, and Alumni campaign has already exceeded 2019 goals. Thanks to everyone who supported these events and the Foundation.

### Recent Donations

Donations can be mailed to The Sinnissippi Foundation, 325 Illinois Route 2, Dixon, IL 61021. You can also donate online, visit:

[www.sinnissippi.org/donate-foundation](http://www.sinnissippi.org/donate-foundation)

You can specify if you would like to give your donation in honor or in memory of a family member or loved one.

Dean Ahlers  
Greg Beitel  
Phyllis & Jeff Berge  
David Bingaman  
Jeremy & Nicole Bleuer  
Anonymous  
Joseph Bobbitt  
Alison Boothe  
Stacy Britvich  
Lyn Brokaw  
Michael Brooks  
Linda Brose  
Jessica Burrows  
Kevin Buss  
Dean & Darlene Butterbaugh  
Shandra Carter  
Sharon Chadwick  
Larry & Connie Clayton  
Amy Cline  
Doug Coppotelli  
Kim Crump  
Tymi Currens  
Connie Davis  
Shannon Dean  
Pamela Delp

*Recent Donations continued on back page*

## Dreaming All By Myself

*A poem written by a client of Sinnissippi Centers, reprinted with permission. A poetic view into some of the thoughts of a person battling mental illness.*

<i>I went to heaven</i>	<i>I go to a happy world</i>
<i>Too many time to count</i>	<i>Where there is no death</i>
<i>The doctor said, "I was crazy"</i>	<i>For I am in a world</i>
<i>I'm like a ball that doesn't bounce</i>	<i>All by myself</i>
<i>I can't deal with reality</i>	<i>I think everyone are angels</i>
<i>When times get hard</i>	<i>Watching over me</i>
<i>I walk away in my mind</i>	<i>But I find I'm just a stranger</i>
<i>And I play a different part</i>	<i>When I come back to reality</i>
<i>I go to heaven</i>	<i>I'm just a stranger</i>
<i>So beautiful, so warm</i>	<i>With no insides left</i>
<i>But every time I go</i>	<i>All I am doing is</i>
<i>Everyone gets alarm!</i>	<b>DREAMING ALL BY MYSELF</b>

## The Digest Newsletter Summer 2019

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## Sinnissippi Centers, Inc.

Administrative office  
325 Illinois Route 2  
Dixon, IL 61021

### 24-hour Emergency Phone Number

**800-242-7642**

[www.sinnissippi.org](http://www.sinnissippi.org)

#### Office Locations

- Dixon
  - Illinois Route 2
  - Town Square Centre
- Mt. Carroll
- Oregon
- Rochelle
- Sterling

#### Apartment Sites

- Dixon
- Mt. Carroll
- Rochelle
- Sterling

#### Recovery Home

- Dixon



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*Sinnissippi Centers is accredited by The Joint Commission and recipient of the Gold Seal of Approval.*



*The Digest is a publication of Sinnissippi Centers, Inc., and the Sinnissippi Foundation*

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### Donations cont'd

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Tamara Wolf  
Sarah Wolf  
Anonymous

#### In Honor of

...Larry & Ann Prindaville  
William Reigle

#### In Memory of

...Tim Broos  
Jim & Inger Sarver  
...William Jones  
James & Lee Ann Love  
...Debbie Kuehl  
Gloria Martin  
Larry & Ann Prindaville  
DeAnne & Jeff White

#### Expressions Art Sale

Alliance, Inc.  
Kate Askegaard  
Boss Carpet One Floor & Home  
Asterisk Boutique  
Basil Tree Ristorante  
David Bingaman  
Richard Born  
Brandywine Banquets  
Buffalo Wild Wings  
Byron Bank  
Graydon Cafarella  
CGH Medical Center  
Circa 21 Dinner Playhouse  
Community State Bank  
Crystal Cork  
Curate Kitchen  
Dixon Family YMCA  
Dixon Petunia Festival  
Dixon Stage Left  
Tim & Rose Drane  
Teresa Good  
Sandra Emmert  
Flowers Etc.  
Hairy Cow Brewing Company  
Jan Harvey  
Mackenzie Hopping  
Becky Hundreiser  
Ken Nelson Auto Group  
Charles Kerr  
Kitto  
KSB Partner in Health  
Nicole Lanning

Bob Logsdon  
Manny's  
Gloria Martin  
M&M Aviation  
McCormick's Nursery & Garden Center  
Morningstar Media Group  
Karen Nelson  
NRG Media  
Olson Insurance & Financial Services  
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Paone's Blackhawk Lanes  
Pinney Printing Company  
Larry & Ann Prindaville  
Ken Reif  
Raynor Manufacturing  
Rochelle Broadcasting Co.  
Rustic Roots DIY Studio  
Salamandra Restaurant  
Sauk Valley Bank  
Sikich  
Smoked on 3rd BBQ  
Bistro & Catering  
Somkit  
SPF Development Corp.  
Starbuck's  
Sterling Federal Bank  
Timber Lake Playhouse  
Trein's Jewelry  
Ed & Nicki Webb  
Weeds  
DeAnne & Jeff White  
Woodcrafters

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