



Jessica Burrows

Behavioral Health Clinician

Philosophy of Care

I find people and their stories very interesting and am always excited to get to know a new person. I look forward to meeting you and getting to know your story.

Education and Certification

BS in Psychology and MS in Clinical Community Mental Health from Western Illinois University.
Licensed Clinical Professional Counselor (LCPC).

Specialization

Dialectical Behavioral Therapy (DBT), Cognitive Behavioral Therapy (CBT), Client-Centered Therapy and Humanistic Therapy.

A little bit about me...

I enjoy music of all kinds. I also enjoy reading, the outdoors and spending time with my family. I have one of the cutest nieces on the planet and she brings my life a lot of joy. I also have a few shows on Netflix that function as my guilty pleasure that I spend rainy days watching.



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