

# Amanda Briese MS, LCPC

Area Office Manager

#### **Education and Certification**

Bachelor of Arts in Psychology from Ashford University and Masters in Clinical/Community Mental Health from Western Illinois University.

### **Specialization**

I like to work with all types of clients.

#### **How I approach therapy:**

I believe therapy is a collaborative process and I see the client as the expert. My role as the therapist is not to give you all the answers, it is to help you find your own answers.

## A little bit about me...

I enjoy reading books of varying genres, playing video games (my favorites are the Tomb Raider and Bioshock series), and occasionally do yoga. I also really enjoy coffee and sitting and talking with friends for hours in a good coffee shop.



**Sterling office** 815-625-0013 **24-hr Crisis:** 800-242-7642

www.sinnissippi.org