

# **Looking Forward**

# Through Your Support The Sinnissippi Foundation Provides Help Healing and Hope

### Dear friends of the Foundation.

The number of lives touched by your generous support of the Sinnissippi Foundation during the past year has been nothing short of remarkable.

Individual donations, corporate sponsorships and special events have allowed the Foundation to provide many with assistance in meeting a full array of needs.

The Foundation has utilized resources to leverage new funding for innovative programming and to celebrate recovery.

Countless community organizations have been the beneficiary of critical Foundation support.

Despite the tremendous success of the past year, we must turn our attention to the future.

Requests for support have increased dramatically in recent years. As a community, we must do what it takes to support our most vulnerable neighbors.

Thus, in addition to continuing our current efforts, we will be looking for new and innovative ways to enhance essential programming and supports, allowing every individual an opportunity for recovery.

On behalf of the Foundation Board of Directors, we thank you for your generous support, but most of all your ongoing commitment to your community and your neighbors.

> Betty Kanzler Chairperson Sinnissippi Foundation Board

Patrick Phelan President/CEO Sinnissippi Foundation

## **Help Getting Needed Care**

Economic conditions, low funding levels for treatment and remaining gaps in healthcare coverage mean some Sinnissippi clients still struggle to afford their behavioral healthcare. The Foundation continues to step into the gap; granting \$22,500 in assistance to clients in 2013 to help pay for treatment.



many clients

**CARES Fund** 

The Foundation's CARES Fund provides emergency assistance to clients of Sinnissippi Centers. Paying co-pays for medications, keeping the heat on during the winter cold and preventing eviction or helping obtain safe housing are among the most common requests. The Foundation granted \$16,799 in CARES requests in 2013.

**Celebrating Wellness** The 2013 Wellness & Recovery

Celebration was another success; 200 people came to celebrate journeys of wellness and recovery; their own or



many booths like KSB's Community Wellness booth

someone's they support. The highlight was a powerful speech of hope and healing by famed speaker William Cope Moyers.

Help During the Holidays

Not everyone experiences the holidays the same way. The Foundation's Holiday Food Basket Project helps provide for the basic needs of Sinnissippi clients and their family members during what can be a trying time of year. Every \$30 in donations provides one basket for a family at Thanksgiving or Christmas.

The Gift of Celebration

For some, the holidays come and go without celebration. But not for Sinnissippi Centers' clients that attend the Foundation's December Client Holiday Celebration. 80 clients enjoyéd entertainment, a warm meal, a visit from Santa, and, of course, gifts. The celebration is made possible by your donations and activities are provided by Sinnissippi Centers' staff.

21st Annual Golf Open

Fore! was heard for the 21st time as the annual Sinnissippi Foundation Golf Open got off to a great start. Beautiful weather didn't hurt the turnout of 138 golfers at the August open at Timber Creek Golf Club in Dixon. Thanks to the golfers, sponsors, and dozens of others, the event raised over \$27,000.

Art in the Garden

Grand Detour artist Beverly Garcia hosted "Art in the Garden" in June

2013, on the grounds of her home, art studio and gardens. Beverly offered nearly 300 of her paintings for sale to benefit the Foundation. The response exceeded all



Beverly Garcia poses next to one of her paintings offered for sale at

expectations: Around 200 attended and art sales raised nearly \$9,000.

A Growing Garden

2013 saw an expansion in the activities of the Sinnissippi Youth Garden Program thanks to the support of Distinctive Gardens in Dixon and the Gardenstock Art & Music Festival (see story below). Planning for the 2014 garden program has already begun: Seeds will be chosen to arow in the areenhouse and plans are being made to make hundreds of tiedyed shirts to be sold at the event.

Live Music. Art and a Cause

The Gardenstock Art & Music Festival has become part of the

fabric of the Sauk Valley and the summer festival scene. The 5th annual Gardenstock drew more people, 2,200, and generated more proceeds than ever for the Sinnissippi Youth Garden Program (see story above). 40 artists and 9 bands took part. A feature length documentary



people come together to make Gardenstock a unique and enjoyable event. Photo courtesy Jennifer Lubbs Photography

about Gardenstock and the Youth Garden is in the works.

A Community of Caring

Thanks to your generous response to fundraising efforts, the Foundation was able to meet the large number of requests we received during

2013. Results of the annual Employee, Board and Alumni Campaign in May were fantastic: 50 more

donors than in 2012, and many who increased their giving compared to 2012. Just over \$19,000 was raised in the campaign. The annual Holiday Appeal sent out in mid-November raised an additional \$5,300. In addition, the Foundation received several large donations in 2013 (see back page) that will go a long way in supporting our mission.

**Meeting Needs Providing Help** 

Each year the Sinnissippi Foundation grants funds to specific programs and projects of Sinnissippi Centers as well as to other organizations in our communities. The common theme is meeting needs that are urgent or that contribute to the

health and wellness, especially the mental wellness, of children, adults and families. The Foundation



made 39 grants for nearly \$6,000 to a variety of programs including:

- Créative Expressions Art Therapy Groups Psychosocial Rehabilitation
- Program (PSR) • Sinnissippi Womens' Group
- Twin Cities PADS Shelter • Healthy Families Program
- Home of Hope

 Supervised Living Tenants Funds

Helping Fill the Gaps

Funds from the Foundation help fill in the gaps in funding to support needed programming. One example: A Foundation grant allowed Sinnissippi supervised living apartment tenants to maintain their health & wellness goals as well as to form an activity therapy group. Residents say they really enjoy the group and think it's an effective way to help manage symptoms and to express themselves.

Planning for the Future

The Sinnissippi Foundation has gone through some of the most significant strategic planning in the organization's history. The Foundation is looking toward a future of serving more individuals, meeting more needs, creating an environment to enhance the engagement of our board members, and providing more opportunities to get involved.

The Need Is Still There

Despite more individuals than ever getting healthcare coverage for mental health and substance use treatment, the need continues to assist those that fall through the cracks. The Sinnissippi Foundation continues to help individuals afford their care and meet their urgent needs. The mission of the Foundation - to reduce stigma and increase awareness of mental illnesses and substance use disorders - goes on.

### 2014 Calendar of Events 10<sup>th</sup> Annual Expressions

Art Sale and Reception The Next Picture Show

113 West 1st Street Dixon, IL

Art on Display Gallery hours April 8 - 25, 2014 Reception April 25, 2014 6:00 - 9:00 pm



August 14, 2014 Timber Creek Golf Club 729 Timber Creek Road, Dixon, IL 12:30pm start Dinner & awards follows golfing



Rachelle

Gunderson's

Expressions piece

LeAnn Brandenburg (left) and Linda Berg (right) at the Open

Information: 815-284-9380 www.sinnissippi.com/foundation "Like" the Foundation on Facebook.

Find us on Facebook

### Sinnissippi Foundation Board of Directors

Chairperson Vice Chairperson Secretary/Treasurer Director President/CEO

Betty Kanzler Terry Loring Mary Scuffham Frank Nelsen Patrick Phelan

# How You Help

**Benefiting from Generosity** 

Helping individuals and families in need is a great reward that we get to enjoy because of your generous support. Like the family the Foundation granted assistance to who was facing the shutoff of their aas and electric during the coldest part of the winter. Not only was the family facing tough financial times, but also had experienced the loss of a loved one. The Foundation was able to step in to help keep the heat and lights on and later the family got back on their feet.

Sometimes we receive thank you notes detailing how the assistance has helped, like this one:

"I want to express my thanks and aratitude for the financial help with my counseling. Every time I walk out of my appointment I feel so much better. Your help is making it possible for me to continue counseling and I greatly. greatly, appreciate it.'

Leaving a Lasting Legacy

Consider leaving a legacy of support by making a planned gift to the Sinnissippi Foundation. Planned aifts allow you to combine your charitable giving with your estate and financial planning efforts. We encourage you to contact your financial planner to discuss your options. You can be assured your gift will be used to support the continuation of the Foundation's mission well into the future.

Take the Next Step

Contacting or donating to the Sinnissippi Foundation:

The Sinnissippi Foundation 325 Illinois Route 2 - Suite 100 Dixon, IL 61021

By phone: 815-284-9380

By email: info@sinnissippi.com

**Online Donations** 

You can make a donation online on the Foundation's web page at:



## Thank you to all the 2013 Sinnissippi Foundation Donors, Sponsors, and Supporters!

Gifts of up to \$99 Ace Hardware & Outdoor Center Amy Adams
All-Safe Storage
Tony & Arlene Arduini
George & Shirley Aune
Better Living Focus Group Elizabeth Betzer Joseph Bobbitt
Susan Bogue
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The Next Picture Show
Jennifer Thomason
Bill Thompson
Tramec Hill Fastener Karla Vazquez Kris Veloz Rick Watson Melody Weber Burnell Wehmeyer Harold & Rose Wendler Jeffrey Wermers Morris (Bud) & Pat Wiener Gary Wilhelm
DeAnna Wilson
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### Gifts of \$250 - \$499

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#### Gifts of \$500 - \$999

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Touched by Suicide Support Group
Ward, Murray, Pace & Johnson
WIXN AM1460, River Country
101.7 & KOOL 95.7 - Dixon

#### Gifts of \$1,000 - \$1.999

Alliance, Inc. Jeff & Phyllis Berge CGH Medical Center CliftonLarsonAllen LLP Farley's Appliance Teresa Good KSB Hospital Sauk Valley Bank
SPF Development Corporation
DeAnne & Jeff White

### Gifts of \$2.000 - \$2.999

Ken Nelson Auto Group New Life Lutheran Church Greg & Christine Petty
St. Paul Lutheran Church

Gifts of \$3.000 - \$3.999 Larry & Ann Prindaville

### Gifts of \$4,000 or more

Distinctive Gardens Beverly Garcia

### 21st Annual Sinnissippi **Foundation Golf Open**

Ace Hardware & Outdoor Center Aflac/Tom Rosengren - Sterling Alliance, Inc. Alli-Safe Storage Center Bombdigity Bar & Grill Borg Warner - Dixon Boss Carpet One Floor & Home Brown Construction Company Byron Bank CGH Medical Center Cliffon Larson Allen
Creative Methods & Eagle's Grasp
Putters
Deer Valley Golf Club
Tim Determan

Dezine 99 Dezine 99
Distinctive Gardens
Dixon Builders Supply
Dixon Family YMCA
Dixon Ford, Lincoln, VW, Mazda
Edward Jones Investments - Rich

Coon
Dr. Don Edwards
Farley's Appliances
Farm & Fleet
The First National Bank in Amboy Kav Fisher Kay Fisher
Franklin Grove Bank
Grot Imaging Studios
Halo Branded Solutions
Hospice of the Rock River Valley
Huffman Car Wash
Bev Jackson Tom & Kim James Betty Kanzler Kelly's in Sterling Kellv's Market Kentucky Fried Chicken - Dixon Chet Kobel KSB Hospital
McLane & Associates Architects
McCormick's Landscape & Nursery

Eagle's Nest First National Bank and Trust Company of Rochelle Flowers, Etc. Midland States Bank Sylvia Montavon Ken Nelson Auto Group Northern Illinois Cancer Treatment Franklin Grove Bank Office Machine Consultants and Jim Strickland Olson Insurance and Financial Galena Avenue Steakhouse Beverly Garcia Bob Gibler Services
Onsite Photography
Orom Restaurant Dixon
Tricia Phelan
Pinney Printing
Pizza Hut Dixon Ginko Tree Café Teresa Good Grot Imaging Studios Bridget Grove Shirley Guay Rachelle Gunderson Prairie View Golf Club Halo Branded Solutions Jim Prescott's BBQ Shop Jan Harvey Larry and Ann Prindaville Republic Services - Dixon Rock River Golf and Pool Melody Hemmer James Hey Heather Houzenga Jeff Rugh Sauk Valley Bank Sauk Valley Media SBM Business Equipment Center Sherwin Williams - Sterling Silver Ridge Golf Course Brenda Humphrey Don James Steve Johnson Charles Kerr Bonnie Kime Silver Ridge Golf Course
Silm 'n' Hanks Auto Body Shop
Peter & Laura Smith
SPF Development Corporation
Staple's Sterling
Sterling Federal Bank
Sterling Park District
Streamwood Behavioral Health
Systems
The Next Picture Show
Timber Creek Golf Club
Total Equine Feed - Harold & Mary
Scuffham
Wahl Clinper Corporation Kitto Rosalie Koldan Nicole Kolve KSB Hospital Pat Lathe Bob Logsdon Ed Lynott Mama Cimino's Maria Cimino's Gloria Martin Martin's Steaks and Spirits Phil Mattox Maxson Restaurant & Riverboat Morningstar Media Group Scumarn
Wahl Clipper Corporation
Walmart Super Centers
Ward, Murray, Pace & Johnson, PC
DeAnne and Jeff White
Gary Wilhelm - AmSan
Justin Wilson

WIXN AM 1460, River Country 101.7, & KOOL 95.7 - Dixon Woodcrafters WRHL AM & The Coyote FM -

Rochelle WSDR, WSSQ & WZZT - Sterling

9th Annual Expressions

Art Sale and Reception

Alliad-Locke Industries, Inc. Kate Askegaard Baked by Liz Basil Tree Ristorante Behrens Flower Shed

Boss Carpet One Floor & Home

Byron Bank
Graydon Cafarella
CGH Medical Center
Kimberly Clark & Dragonfly Studios
Cliffont arsonAllen LLP
Community State Bank
Cook's Corner
The Crystal Cork
Distinctive Gardens
Divon Tourism Board

Abreo Restaurant Les Allen Alliance, Inc.

Blumen Stuff

Kathy Blunk Larry Bond Judy Bonnell Borg Warner

Byron Bank

Tim Drane

Dixon Tourism Board Ellen Donaldson Allen

Iden Mumford
Debb Munson
Rick Munson
Ren Nelson Auto Plaza
Northern Illinois Cancer Treatment Center
Olson Insurance & Financial
Services
Pinney Printing
Betty Predmore
Raynor Manufacturing
Ken Reif Tina Rockwell Stuart Roddy Rosecrance Health Network Jeff Rugh Jeff Rugh Salamandra's Sauk Valley Bank Sauk Valley Media SBM Business Equipment Center Jerry L. Sheffler Jerry L. Snemer
Tamara Shriver
Silver Ridge Golf Course
Sinnissippi Youth Garden Project
and Yvonne Jaquet
SPF Development Corporation
Fran Swarbrick The Frameworks The Next Picture Show Timber Creek Golf Club Timber Lake Playhouse Touch of Thai Trein's Jewelry Venier Jewelers
Wahl Clipper
Ward, Murray, Pace & Johnson, PC
White Pines Inn
DeAnne White
WIXN AM 1460, River Country
101.7, & KOOL 95.7 - Dixon
WRHLAM & the Coyote FM Rochelle
WSDR, WSSQ & WZZT - Sterling Venier Jewelers