



# **Sarah Schulfer-Popp**

## **LCPC, CADC**

Area Office Supervisor

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### **Philosophy of Care**

I believe the client is the expert in their own life, and my role is to help people reach the goals they have for themselves. I try to be open, transparent, non-judgmental, and honest with each of my clients, while using evidenced based therapies to facilitate recovery.

### **Education and Certification**

Master of Science in Clinical Psychology from Benedictine University. Licensed Clinical Professional Counselor (LCPC). Certified Alcohol and Drug Counselor (CADC)

### **Specialization**

Mental Health and Substance Abuse

### **A little bit about me...**

I enjoy spending time with my husband and dog, cooking, watching TV (House of Cards, OITNB, Stranger Things to name a few), and spending time with friends.

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