



# **Kris Nichols, LPC, CADC**

## **Behavioral Health Clinician**

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### **Philosophy of Care**

I believe in a motivational Interviewing approach. I strive to help individuals achieve the goals they have in mind for themselves and engage people in the process of positive change.

### **Education and Certification**

Master's Degree in Community Counseling from National Louis University. Certified Alcohol and Drug Counselor (CADC)

### **Specialty Populations**

Substance Abuse; Transitional Aged Youth

### **A little bit about me...**

I enjoy spending time with family, reading, watching a good comedy, and cheering on the Cubs.

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**Dixon office**

**815-284-6611**

**Oregon office**

**815-732-3157**

**24-hr Crisis:**

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