



Cris Mugrage, LCSW

Director of Quality Assurance and
Corporate Compliance

Philosophy of Care

I believe that the counselor-client relationship is the most valuable part of therapy. By partnering together, it becomes much easier to start working towards goals that will lead to feeling better. Having a trusting and comfortable relationship between the counselor and client is central to being able to do the hard work that is sometimes necessary to achieve recovery.

Education and Certification

Bachelor's and Master's Degrees in Social Work.
Licensed Clinical Social Worker (LCSW)

Specialty Populations

Serious and persistent mental illness, Trauma therapy, Crisis.

A little bit about me...

When I am not working, I enjoy reading, swimming, playing video games, and hanging out with my family.



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