



FOR IMMEDIATE RELEASE
May 21, 2018

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Sinnissippi Centers Celebrates Another Milestone

The agency marks its 40th year of providing substance use treatment services to the area

(Dixon, IL)

In 2016, Sinnissippi Centers celebrated 50 years of service to Carroll, Lee, Ogle, & Whiteside Counties. The agency is marking **another significant milestone** this year. **Sinnissippi Centers has now been providing substance use treatment services for 40 years.**

Beginning services in the fall of 1978, Sinnissippi was among the first providers of outpatient substance use treatment services in Illinois, and continues to offer vital treatment and support to the present day.

Sinnissippi's initial substance use treatment model was quickly adapted the following year, in 1979, to include the very first Intensive Outpatient Program (IOP) in Illinois, the preferred model now of substance use care utilized by providers nationally. IOP is a way for individuals to stay in their communities and still receive intensive services. It's a good alternative for many to distant inpatient treatment for those suffering from substance use disorders.

From its beginnings, Sinnissippi has continuously incorporated the latest research into our services, to offer the best possible outcomes for the individuals it serves. Our core mission is to help individuals achieve and maintain recovery and healthy, successful, functioning in their homes, at their jobs, and their communities.

Sinnissippi clinicians were recognized in 1991-92 for implementing the first integrated services in the area for individuals suffering from both a mental illness and a substance use disorder. It is fairly common for individuals to have co-occurring disorders, and so it is important to have clinicians well versed in treatment for individuals in this category.

Sinnissippi also pioneered treatment services in the Recovery Oriented Systems of Care model which is presently becoming a central focus of the future of substance use treatment across the country. It has proven to be very successful in providing support to those in recovery and enhancing an individual's quality of life.

Sinnissippi is looking to further revolutionize local substance use treatment services with the area's first Recovery Home, offering recovery support and other supports for stabilization in the early phases of maintaining and growing sobriety.

In September of this year, Sinnissippi Centers will celebrate the 15th year of National Recovery Month with its annual Wellness & Recovery Celebration for clients and their loved ones.

Sinnissippi's dedication to client-focused, quality, cutting edge services has resulted in several awards for Sinnissippi Centers, including the Joint Commission's Ernest A. Codman Award and the American Psychiatric Association's Psychiatric Services Award.

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In order to achieve this level of quality services, Sinnissippi employs highly trained substance use treatment specialists versed in the latest evidence-based practices to deliver quality services, and is licensed and accredited by a number of organizations. Among them, the Illinois Department of Human Services licenses Sinnissippi Centers to ensure the highest quality of services in evaluation, diagnosis, treatment, and rehabilitation to those with a substance use disorder, and to the family members who support them.

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